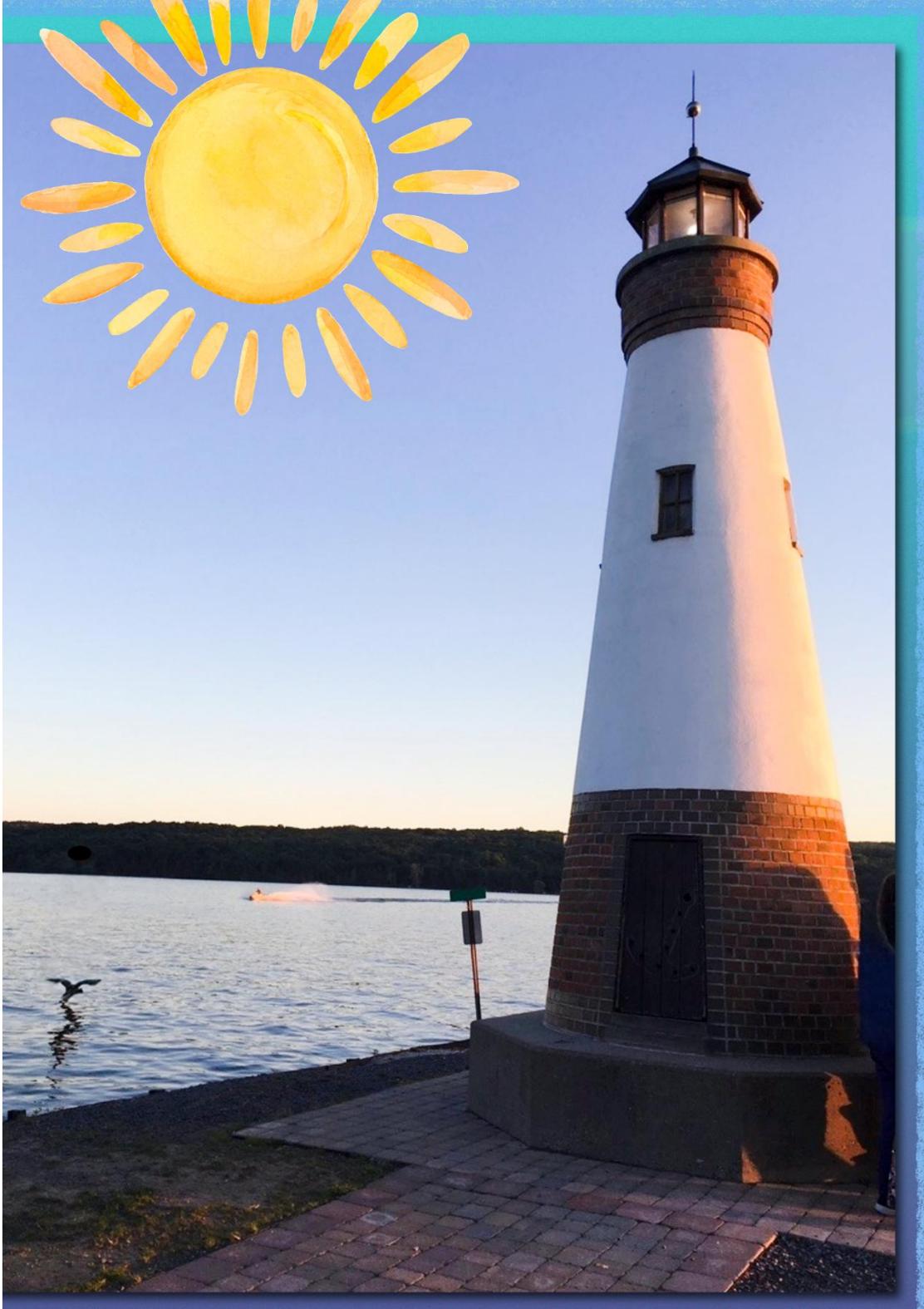


LANSING PARKS & RECREATION

SUMMER PROGRAM BOOK



2026



MYERS PARK

SUMMER DAY CAMP

Come to beautiful Myers Park and enjoy one of the longest running Day Camps in the area. Sign up with your friends or meet new friends at the camp--sign up for as many sessions as you'd like! Enjoy traditional camp games, new games and activities, sports, crafts, picnic lunches, quiet reading time under the trees and field trips. In the past we have traveled to visit the Sciencenter, Hanger Theater, farm tours, mini golf, swimming, and even enjoyed water sports adventures with Paddle-N-More located within the park.

Session 1: June 29th-July 3rd

Session 2: July 6th-July 10th

Session 3: July 13th- July 17th

Session 4: July 20th-July 24th

Session 5: July 27th-July 31st



Location: Myers Park, Pavilion B

Time: 10am-3pm

Ages: 5 through 12 (must have completed Kindergarten)

Fee: \$185/session

Before and After Camp:

Offered from 7:30am until 5:30pm for a fee of \$80/week.

Before camp only: \$40

After camp only: \$40

Scholarships are not available for before or after camp care. Care must be paid for in full at the time of registration.

Medical/Immunization records must be submitted to be "officially" registered

Camp Director:

Dan Cheatham, long time Day Camp staff and camp director. Former Lansing High School staff, multi-sport Lansing coach and past ski program advisor. Dan is currently a LMSW SSW/ School Counselor at Edemston Central School.



ADAM HECK SOCCER CAMP

Dates: August 3rd-7th

Ages: boys and girls entering grades K-10

Days: Monday-Friday

Location: Lansing Town Ballfields

Time:

8:30am-4:30pm (Grades 4-10)

9:00am-12pm (Grades K-3)

Cost: \$165.00/ Full Day
\$85.00/ Half Day



REGISTER AT:
WWW.LANSINGREC.RECDESK.COM

Former camp director, Adam Heck, was Lansing's long time boys' varsity soccer coach. Entering his 21st season as the varsity coach and 19 straight winning seasons, Coach Heck passed away suddenly on August 27, 2016, while on a preseason trip with his team in Albany, NY. Coach Heck will always be remembered for his passion and dedication to his family, players, the Lansing community and to the sport of soccer around the state.

Carrying on the 20+ year tradition of this camp is Coach Eric Stickel and a host of former Lansing soccer players. Coach Stickel is the current head coach of the Lansing Girls Varsity Soccer Team where he's been at the helm for the past twelve seasons. He also serves as President of the Lansing Soccer Club and Director of the Winter Soccer Program. Coach Stickel holds an Advanced National Diploma through United Soccer Coaches as well as a US Soccer D License.

This year's staff will consist of highly qualified coaches and players who have coached and played at the high school and collegiate level. Many of these coaches return year after year to deliver consistent, high-quality instruction! We've included goalkeeper training and some of the area's collegiate coaches will also be in attendance to provide technical and tactical sessions.

The camp offers young players the chance to improve their overall game in an environment suitable for all skill levels.

SUMMER BAND & ORCHESTRA CAMP

Join us for an exciting week of exploration as we discover new music together. Our week will include large ensemble rehearsals, small ensemble rehearsals, composition, games, swimming and more.

Our culmination concert on Friday afternoon will showcase the incredible progress we have made in just one week! Mr. Olesko, Ms. Myers, Mrs. Winiarski, Ms. Crocker and high school counselors will lead campers through a variety of music as we work together to improve our musicianship, all alongside our friends. Daily snacks and camp T-shirts will be provided.
Registration deadline is Monday, July 6th.
Register at lansingrec.recdesk.com

Each camper is responsible for bringing his or her musical instrument, water bottle, lunch, swimsuit and towel. If you have any questions, please contact a mwiniarski@lcsd.k12.ny.us. We look forward to seeing you at camp!

Place: Lansing Middle School

Dates: July 13th- July 17th

Time: 8:30am-4:00pm

★ Friday concert: 4-5pm

Ages: Students entering 5th-9th grade, fall 2026

Fee: \$230.00

Before/after camp care:

Before camp: \$10/day Monday-Friday (7:30-8:30am)

After camp: \$10/day Monday-Thursday (4:15-5:15pm)
(pay with registration)



Boys & Girls Basketball Camp

Full Day Camp

Dates: July 20th-July 24th

Time: 9:00 AM – 4:00 PM

Location: Lansing HS Gym

Days: Monday-Friday

Cost: \$150.00

Grades: 4-8 (fall 2026)

Mini Camp

Dates: July 20th-July 24th

Time: 9:00 AM – 12:00 PM

Location: Lansing ES Gym

Days: Monday-Friday

Cost: \$90.00

Grades: 1-3 (fall 2026)

The Lansing Recreation Basketball Camp is back this summer. We are pleased to have Joey Volpicelli and Brian Bowman, the Lansing Varsity and JV boys' basketball coaches administering the camp. The goal of the camp is to teach the fundamentals of the game as well as for each camper to have a FUN & positive experience.

All campers should come prepared with:

- Appropriate shoes & attire

All Full Day campers should come prepared with:

- A lunch and water bottle
- A swimsuit and towel as we will have pool time daily

Each camper will receive a T-shirt!
Please register by July 1st to guarantee your shirt size.

IT'S BACK SPORTS ACADEMY 2026

ALL SPORTS - ALL DAY

Learning Life Lessons Through Sports



Brought to you by Future FocusED

For kids who LOVE sports and love to be active, Sports Academy is THE place for them! Players will participate in a variety of games including a blend of traditional sports (basketball, softball, soccer, volleyball), PE favorites (kickball, capture the flag, dodgeball), lawn games (cornhole, kan jam), team competitions (Field Days, Olympics), lifetime sports (pickleball, golf), water sports (paddleboard, kayaking, swimming), team-building challenges, and more!

Register @ www.lansingrec.com

Dates: July 7-9

Time: 9am-3pm

Location: Lansing Elementary School

Grades (25-26 SY): Current Grades 3-4 and 5-6

Fee: \$180/camper

Gift: All campers will receive a camp t-shirt

Camp Director: Billie Downs

What to Bring: Lunch & snacks, refillable water bottle, swimwear, towel, sneakers, sunscreen, and extra clothes. Sporting equipment will be provided. Please LABEL everything!

Camp Coaches: High school student-athletes will serve as coach-mentors. We will provide targeted training for our student coaches on the art of coaching and mentoring to ensure every camper has an **AMAZING** week!

BEST WEEK EVER!

SAMPLE DAY

8:50-9:00 - Sign-In

9:00-9:15 - Whole Camp Welcome

9:15-9:30 - Team Time

9:30-10:15 - PE Favorites

10:15-11:15 - Team Competitions

11:15-11:45 - Lunch

11:45-12:45 - Sports Rotations

12:45-1:30 - Team Sports: Round 1

1:30-1:45 - Snack & Team Time

1:45-2:30 - Team Sports: Round 2

2:30-2:50 - Team Challenges

2:50-2:55 - Whole Camp Closing

2:55-3:00 - Pack up & Sign-Out w/ Parent

Wizarding School

Come and attend Wizarding School for one magical week this summer, where you will get a wonderful glimpse at life within the famous school of witchcraft and wizardry. Once there, you can attend classes like Potions, Herbology, and Care of Magical Creatures. Pack your robes and come and experience Wizarding School! It's full of imagination, games and adventures!



Director: Lindsay Maynard

Dates: August 10th-14th

Where: Lansing Community Center

Time: 9:00am-4:00pm

Ages: Rising 3rd, 4th and 5th graders

Fee: \$150.00

(Includes daily snack, activities and a T-shirt)

Campers are responsible for bringing their own lunch and a water bottle.

Pre-camp forms and notices will be sent out before the start of camp

CIT Program:

Available for rising 6th and 7th graders

will be expected to assist counselors

Fee: \$70.00 (includes a daily snack and a T-shirt)

Please bring a lunch and a water bottle.



Art & Nature Camp

With Camp Director, Mary Fedorka

Enjoy the adventure of discovering art and nature in Myers Park. Let your imagination flourish as you utilize found objects and craft drawings, paintings, and sculptures influenced by the beauty of Cayuga Lake's shores.

Bring along your creativity, artistic vibes, and don't forget your swimsuit and towel for cooling off in Cayuga Lake. Bring a water bottle to stay hydrated, and a snack if you'd like!

Register at: lansingrec.recdesk.com
Space is limited!



Session 1:
August 3rd-7th

Fee: \$95.00

Session 2:
August 10th-14th

Time: 9am-12pm

Ages: 7-12 years old

Session 3:
August 17th- 21st

Location:

Myers Park, pavilion A

"In every walk with nature one receives far more than he seeks." -John Muir



BEGINNING SCULPTURE WITH MRS. IANNONE

Join us as we create
3-Dimensional works of art.

Projects include:

Oaxacan Spirit Animals from the Folk Art
of Oaxaca Mexico.

Wire Sculptures and Kinetic Stables
based on Alexander Calder's incredible
works of art.

Bring your refillable water bottle, your
imagination and excitement to try
something new.



Who: Ages 8-12

When: July 6th-10th

Where: MS Art Studio

Cost: \$110

Time: 10-2 PM

Max 15 Artists Per
Session

Introduction to Handbuilt Ceramic Pottery

With Mrs. Iannone

Who: Ages 8-15

When: July 13th-17th

Where: MS Art Studio

Cost: \$110

Time: 10-2 PM

Max 15 Artists Per Session

Come experiment with Kiln
Fired Clay and Glaze

Techniques Include:

Coil and Slab Construction

Projects Include (but are not
limited to):

Stoneware Mugs and Bowls

Glazed Bisque Trivets and
Medallions

Clay Bead and Medallion Jewelry

Bring your refillable water bottle, your
imagination and excitement to try
something new.



Come explore the wonderful World of Glass Art.
Experiment with Pebeo Vitrea Glass Paint. Make a
mosaic. Create original Stained Glass Art.

Bring your refillable water bottle, your imagination
and excitement to try something new.

Who: Age 13 to Adult

When: July 20th - 23rd

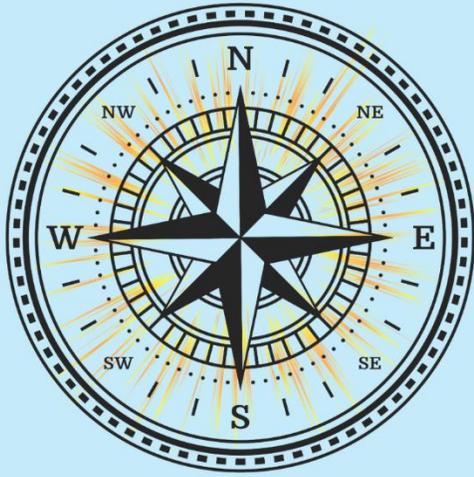
Where: MS Art Studio

Time: 9-4 PM

Cost: \$300

Max. 15 Artists
per Session

**INTRO TO
GLASS ART**
WITH MRS. IANNONE



WEDNESDAY ADULT SAILING

Learn to sail and enjoy sunfish sailing at its best from Myers Point in the evening. Skill certification leads to independent use of boats on weekends and evenings.

Must be at a level 2 swimming level, students must be entering 5th grade at a minimum. Must have water shoes--NO flip flops.

Dates: July 1st- August 19th

Days: Wednesdays

Ages: 14+

Time: 4:30-8pm

Cost: \$75/Student

\$95/ Adult

\$120/ Family

Location: Myers Park (by sailing rack)

Instructor: Hurf Sheldon



FLYING HIGH FARMS

RIDING CAMP

Flying High Farm's English riding camps are offered again this year for children ages 7 to 14. When students are not riding, they will be learning about basic horse care, training, nutrition, feeding and grooming. Pizza will be provided on Fridays!

Long pants and hard shoes are required. Students will NOT be allowed to wear short pants or sneakers. A farm release form must be signed before the first day of camp. Children MUST be on time. *Limit of 6 riders per session*

Sessions



July

- Session 1: July 7-10
- Session 2: July 13-17
- Session 3: July 20-24
- Session 4: July 27-31

August

- Session 5: Aug 3-7
- Session 6: Aug 10-14
- Session 7: Aug 17-21
- Session 8: Aug 24-28

Fee: \$300

(Session 1: \$240.00)

Time: 8:30am-12:00pm

Location: Flying High Farms

(184 Lower Creek Road, Ithaca)

Please note: It is very important for the safety of your child that he or she is in good physical fitness and is able to follow directions and pay attention to all instructions at ALL times. Flying High Farm reserves the right to prohibit children from participating in the program if they are not abiding by camp rules and safety procedures.

Register at: www.lansingrec.recdesk.com

Please contact Flying High Farm's with any questions or concerns.

Chastity Howe-Nixon: 607-347-4710



COMING SOON!



2026

SUMMER CAMP

Camp details will be on the Lansing Parks & Rec website as soon as they are available.

Camp Dates: TBA

Ages: 7-12 years

Location: Lansing Town Ballfields

Total Baseball Training Camps provide one of the most comprehensive and fun baseball experiences in the region. Our well known, high energy staff made up of former NCAA players and coaches, delivers quality instruction in an active and fun environment.

Our camps are held at The multi-field Lansing Recreation Complex. In the event of rain, we move the camp to our 40,000 sq ft indoor turf facility just a few short miles down the road.

Our camps are for boys and girls ages 7 to 12. The camps are designed to provide introductory level experiences for those just starting to play and advanced skill development for those young players wanting to get better.

We offer a wide range of drills and games aimed at helping our young participants build self confidence and become better athletes.

Games played daily.

Participants must bring lunch.

Camp Shirt and Hat included with registration.



SWIM LESSONS

SWIM LEVELS

Level 1: Water Introduction

Level 2: Water Confidence

Level 3: Beginner Stroke Development

Level 4: Stroke Improvement and Refinement



We will run WEEK long sessions from July 20th–August 13th , Monday through Thursday at the Lansing High School Pool!

Sign up for as many sessions as you would like! 8 students per lesson group. Learn to swim and have FUN!

Register@ lansingrec.recdesk.com

Level 1 – Water Introduction

Designed for beginners with little to no water experience. Swimmers learn water safety rules, how to enter and exit the pool safely, basic breath control (blowing bubbles), floating with support, and comfort putting their face in the water. Focus is on building confidence and comfort.

Level 2 – Water Confidence

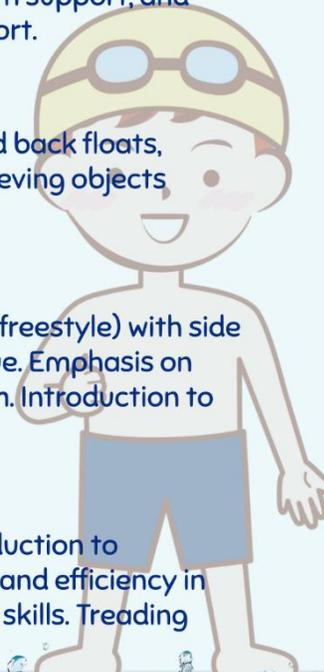
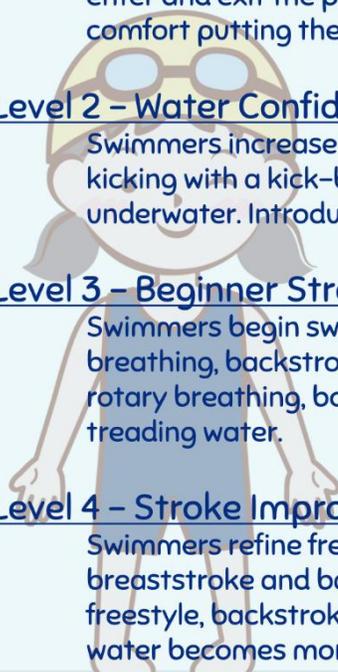
Swimmers increase independence in the water. Skills include supported front and back floats, kicking with a kick-board, beginning arm movements, submerging fully, and retrieving objects underwater. Introduction to basic freestyle arm action.

Level 3 – Beginner Stroke Development

Swimmers begin swimming short distances independently. Focus on front crawl (freestyle) with side breathing, backstroke basics, unassisted floating, and improved kicking technique. Emphasis on rotary breathing, body position, and swimming longer distances with proper form. Introduction to treading water.

Level 4 – Stroke Improvement and refinement

Swimmers refine freestyle and backstroke technique and build endurance. Introduction to breaststroke and basic butterfly movements. Focus on strengthening technique and efficiency in freestyle, backstroke. Swimmers improve endurance, turns, and beginning diving skills. Treading water becomes more advanced.



SESSION TIMES

Levels 1 & 2

- 5:00–5:30pm
- 5:30–6:00pm
- 6:00–6:30pm

Level 3

- 5:00–5:45pm

Level 4

- 5:45–6:30pm



Klein's Summer Archery Camp



The perfect way to experience archery. All equipment is provided for beginners at no additional cost. Program includes brief discussion of history, safety and equipment. Instructor will demonstrate different styles of shooting and illustrate ways of enjoying archery. Your instructor then supervises you actually shooting, guiding you through the fun of picking up a bow for the first time! You will leave with the confidence of having a well-rounded introduction, and the resources to explore the sport further. We will be offering advanced sessions for archers with their own equipment. Joe will work with them to improve technique and work on hunting situations.

Location: Lansing Ballfield Pavilion

Dates: July 20-24th

Days: Monday-Friday

Ages: 9-14 years

Fee: \$65.00

Session 1 (beginners): 9am-10am

Session 2 (advanced & beginners): 10:30am-11:30am

Session 3 (advanced & beginners): 12pm-1pm



Register at: lansingrec.recdesk.com

JOIN TYLER ENGELS FOR A BEGINNERS CLINIC ON BASIC FUNDAMENTALS AND RULES OF THE GAME, AREAS OF THE COURT, AND PRACTICE ON PROPER STROKE TECHNIQUE. THE GOAL IS TO HAVE FUN AND HELP YOUR PLAYER FEEL MORE CONFIDENT!

TYLER IS A LANSING GRADUATE AND WAS A FOUR-YEAR VARSITY TENNIS STARTER. THIS IS HIS THIRD YEAR RUNNING THE CAMP, AND HE PREVIOUSLY ASSISTED ANDREW GROSS IN LEADING IT. WHILE HE IS NEWER TO COACHING, HE HAS PLENTY OF EXPERIENCE WORKING WITH KIDS. TYLER HOLDS A BACHELOR'S DEGREE IN EDUCATION AND IS CURRENTLY A KINDERGARTEN TEACHER AT SOUTH HILL ELEMENTARY.

PLEASE REACH OUT TO TYLER AT TENGELS44@GMAIL.COM WITH ANY QUESTIONS.



SUMMER TENNIS CLINIC

FEE
\$75

**JULY 20 -
JULY 23**

*RAIN DATE JULY 24

**9:30AM -
11:30AM**

**AGES
6-12**

**JULY 27 -
JULY 30**

*RAIN DATE JULY 31

**9:30AM -
11:30AM**

**AGES
6-12**

LANSING HIGH SCHOOL TENNIS COURTS

REGISTER: [HTTPS://WWW.LANSINGREC.RECDESK.COM/](https://www.lansingrec.recdesk.com/)

Cheer Camp

Join us for a week of fun, movement, and team spirit!

This camp is perfect for both beginners and experienced cheerleaders who want to build skills, confidence, and friendships.

Throughout the week, participants will learn cheers, chants, jumps, basic stunts, and introductory tumbling while working together in a positive, encouraging team environment.

Please come prepared with:

- **Athletic shoes:** lace-up sneakers or cheer shoes that provide support for active movement-NO slip-on shoes, Crocs or boots!
- **Comfortable athletic clothing:** Shorts, athletic skirts, T-shirts, or tank tops that allow you to stretch and move easily. Soft, flexible fabrics work best. Clothing must be free of zippers, metal, rhinestones, buttons, or any hard pieces that could cause injury during stunts and tumbling.
- **Hair secured back:** A ponytail or bun keeps hair out of your face so you can focus on learning new skills and shining with your team. Please avoid hard barrettes, clips, or accessories.
- **Water bottle:** Please bring a labeled water bottle each day! We will be practicing outside at the ballfields, and July temperatures can be warm.



For more information, or to register
go to: lansingrec.recdesk.com



Date: July 13th-17th

Days: Monday-Friday

Time: 6:00-7:30pm

Grades: Rising 1st-6th grade

Location: Lansing Town Ballfield Pavilion

Cost: \$60.00

Camp Gear: Each camper will receive a personalized camp T-shirt and a matching bow!
(MUST be registered by June 25th to guarantee personalization.)

End of Week Showcase: Families are invited to join us on Friday at 7pm for a special performance featuring everything the cheerleaders learned at camp during the week!



LANSING RECREATION FOOTBALL CHEER

Join our Lansing Rec Fall Cheer Program—an exciting opportunity for young athletes to build confidence, teamwork, and Bobcat spirit while supporting our Lansing Rec football teams! Cheerleaders will learn cheers, sideline chants, dances, jumps, basic tumbling, and introductory stunting in a fun and supportive environment.

In addition to game days, cheerleaders will have opportunities to participate in community and school events, such as the Lansing parade, and may also attend local cheer expos or competitions.

★ Program Details

Grades: 1-6

Dates: July 27th through mid-October

Practice Days:

- *Mini Squad:* Wednesdays, 5:30-6:30pm
- *Jr/Sr Squad:* Tues/Thurs, 6:00-7:30pm

Location: Lansing Town Ballfields/ ES Gym

Game Days: Saturdays or Sundays

Fee: \$65

★ Uniform

Uniforms, poms, bow, and a team t-shirt are provided by the Lansing Recreation (uniforms must be returned at the end of the season). Cheerleaders are responsible for providing:

- Spanx to wear under skirts (*royal blue or gold, color determined at uniform distribution*)
- Leggings (royal blue, for colder weather)
- White cheer shoes
- White socks

★ Mini Squad (Grades 1-2)

Practices one evening per week (tentatively Wednesdays, 5:30–6:30 PM; subject to change). Minis will cheer at home games only, supporting both boys and girls flag football teams.



★ Junior Squad (Grades 3-4) Senior Squad (Grades 5-6)

Practices held Tuesdays and Thursdays from 6:00–7:30 PM.

Juniors will primarily cheer for the boys junior tackle team, and seniors will primarily cheer for the senior tackle team. These squads will cheer at both home and away games, which does require travel within the Southern Tier (transportation must be provided by families).

FOOTBALL SUMMER TRAINING CAMP

HALF DAY

GRADES: K-2

TIME: 9AM-12PM

FEE: \$40

FULL DAY

GRADES: 3-8

TIME: 9AM-3:30PM

FEE: \$80

INSTRUCTORS: RALPH BOETTGER, VARSITY STAFF MEMBERS, PAST & CURRENT VARSITY FOOTBALL PLAYERS & YFL COACHES.

INDIVIDUALS PARTICIPATING IN OUR FALL TACKLE SMALL FRY PROGRAM (GRADES 3-6) WILL RECEIVE FOOTBALL EQUIPMENT FRIDAY AT THE END OF CAMP.

TACKLE SEASON BEGINS AUGUST 3RD. REGISTRATION IS NOW AVAILABLE.

THIS CAMP IS MEANT TO TEACH YOUR CHILD BASIC FOOTBALL RELATED SKILLS & ENCOURAGE PARTICIPATION WITHIN THE SPORT. EACH SESSION WILL INCLUDE TIME FOR INSTRUCTION AS WELL AS GAME TIME. INSTRUCTION & GAMES WILL BE HELD IN A NON-CONTACT SETTING. WE WILL TEACH PROPER STRETCHING TECHNIQUES, FOOTBALL SPECIFIC DRILLS AND WE WILL BE LEARNING THE BASIC PLAYBOOK AND SCRIMMAGING.

CAMPERS WILL RECEIVE A T-SHIRT AT THE END OF THE WEEK.

DATES:

JULY 29TH-31st

AGES:

GRADES K-8 (Fall '26)

LOCATION: FIELD X

(LOCATED BEHIND
THE TOWN HALL)

REGISTER AT: LANSINGREC.RECDESK.COM



FLAG FOOTBALL

Grades: K-2

Dates: 8/3-10/12

Practice Days: TBD

Time: TBD

Location: Town Ballfields on Field X

Game Days: Sundays

Fee: \$75 (Full gear & league fees)

- Participants responsible for bringing their own cleats, a mouthpiece and a water bottle
- Please sign up prior to July 29th

→ **Register at:** lansingrec.recdesk.com

The goal of this program is to introduce the sport of football, teach basic skills for each position along with a general knowledge of the game, and good sportsmanship. Each session will include time for instruction as well as games. Instruction and games will be held in a non-contact setting. Mouthpiece is required.

We are involved in the (Flag) Southern Tier Youth Football program which will involve travel to some games out of town. Games will be Sundays with some taking place on Saturdays. Coaches and the Rec Department will send details closer to the start of the season.

Lansing Recreation

SMALL FRY TACKLE FOOTBALL

Grades: 3/4
Jr Team

Grades: 5/6
Sr Team

The Small Fry Football Program will consist of two teams; a Junior team (grades 3 & 4) and a Senior team (grades 5 & 6).

Practices will start Monday, August 3rd and the season will run until October 10th. Specific dates and details will be announced by the coaches and the Recreation Department closer to the start of the season.

Practice is held rain or shine. The transportation of players to practice and games must be timely and consistent. Attendance at all practice sessions is required. Players should come equipped with the appropriate non-metal cleated footwear, athletic cup, and must have a mouthpiece that attaches to the face-mask of the helmet. All other equipment is provided by the Rec Department.

Grades: 3-6

Dates: Practice begins Monday, August 3rd

Practice times: TBA

Location: Varsity practice field

Games: Sunday afternoons

Fee: \$125.00 (full gear & league fees)

REGISTER AT: LANSINGREC.RECDESK.COM



Lansing Recreation

Girls



Flag Football

Girls will learn the fundamentals of flag football and have fun while doing it. Program will be divided by grades (3/4) and (5/6). Program specifics will be provided as we move closer to the start of the season.

Grades: 3-6

Tentative Dates: September through mid-October

Practice Days: TBD

Time: TBD

Location: Lansing Town Barnfields

Game Days: Sundays

Fee: \$75 (Full gear & league fees)

- Participants responsible for bringing their own cleats, a mouthpiece and a water bottle



www.lansingrec.recdesk.com
register



Lighthouse 5k & 1 Mile Fun Run

.....
Saturday, August 29,
Myers Park in Lansing, NY

To benefit the Lansing High School Cross Country Team

SCHEDULE

7am-8:15am: Race day registration
and Packet/Bib pickup

8:30am: Fun Run

9:00am: 5k Race

COURSE

The flat, fast course follows paved and dirt roads around Myers Park and Salt Point. The race starts and finishes in Myers Park.

REGISTRATION/FEES

Fun Run: FREE

5K: \$20 for early registration
\$25 after 8/1

Shirts guaranteed for early entries

AWARDS

Ribbons to every Fun Run finisher
Top winners in each age category
(Under 10, 11-15, 16-19, 20-29, 30-39,
40-49, 50-59, 60-69, 70+)

SIGN UP ONLINE: www.runsignup.com (Enter "Lansing Lighthouse 5k")
OR MAIL/BRING ENTRY FORM AND FEE TO: Lighthouse 5K,
Lansing Parks & Rec. Dept. 29 Auburn Rd. PO Box 186, Lansing NY 14882
Make Checks payable to: Lansing Booster Club/Cross Country



LIGHTHOUSE 5K & 1 MILE FUN RUN
Saturday, August 29 @ Myers Park

RACE: (circle one) **1 mile** Fun Run *Free* - **5K Race** \$20 Fee (until 8/1) - \$25 (after 8/1)
Make checks payable to: Lansing Booster Club/Cross Country Team

T-SHIRTS: Circle one size (until 8/1 guaranteed, for purchase if later registration)

small medium large x-large

Name:(print clearly) _____

Address: _____ City, State: _____ Zip: _____

Phone: _____ Age:(race day) _____ Gender: _____

WAIVER:

In consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, and administrators waive and release all rights and claims for damages which I may have against the Town of Lansing, Property owners, Lansing Central School District and its officials, the race, or the race organizers, agents, representatives, successors, and assignees for any and all damages which may be sustained by my competing in or traveling to or from the Lighthouse 5k race. I hereby certify that I have sufficiently trained and am physically fit to compete in this event. I have hereby read the entry information provided and certify my compliance by my signature below. I also hereby give permission for the media to use my name and picture in any newspaper, broadcast, telecast, or any other account of this event with no obligation of anyone to compensate me further.

Signature: _____ Date: _____

Signature of parent or guardian (if under 18): _____



UNEARTH A STORY™



LANSING COMMUNITY LIBRARY'S SUMMER READING PROGRAM:

Join us for a fun-filled summer of free family programs—there's something for everyone!
All events take place at Lansing Community Library unless otherwise noted.

JUNE
20

Summer Reading Kickoff!

SATURDAY at 10:30 AM

Join us for Summer Reading sign-up! Register, get fun giveaways, and at 11AM enjoy Hilby the German Juggle Boy!



JULY
30

Museum of the Earth visits LCL!

THURSDAY at 10:30 AM

Join us for a fun session with Museum of the Earth outreach! Explore Earth's 4.5B-year history through interactive learning & discovery!



JUNE
30

Dino Defense & Martial Arts with Guro Annie Sheng

TUESDAY at 10:30 AM

Join us for Dino Defense! Become dinosaurs, learn martial arts moves, and travel through time to find the elixir back to human form!



AUGUST
1

Family Movie Night

SATURDAY at 6:00 PM (Town Hall)

Join us to watch the movie that won the most votes for the Kids' Vote! Join us in April to cast your vote for what movie you want to watch!



JULY
9

Sciencenter Visits LCL! Owl Pellet Dissection Workshop

TUESDAY at 10:30 AM

Join us for an Owl Pellet Dissection Workshop! Explore sterilized pellets and uncover bones, fur, and feathers. Ages 5–adult.



AUGUST
8

Annual Camping Story Time Before Sunset

SATURDAY at 6:30 PM (Behind Town Hall)

Bring a blanket or pop-up tent and join Ms. Shelley behind town hall for stories, S'more trail mix, and activities!



JULY
11

The REV Theater presents Jack and the Turnip Root

SATURDAY at 11:00 AM

Join us for Jack and the Turnip Root, a playful tale where spoiled Jack is pulled underground to help tiny elves save their world.



AUGUST
14

End-of-Summer Reading Celebration

THURSDAY at 10:30 AM

Join us for this end-of-summer celebration with hands-on art crafts led by staff from the Johnson Museum of Art.

JOHNSON
MUSEUM

JULY
16

Unearth a Story with Tanglewood Nature Center

THURSDAY at 10:30 AM

Join us as we meet animal ambassadors with prehistoric roots! Discover backyard fossils and enjoy story time with dinosaurs.



TBA

Brian Has a Uke!

TUESDAY at 10:30 AM

Join ukulele player Brian for a fun musical adventure! Write a song, explore strings, and enjoy creative improv, drawing & laughs!



JULY
24

Digging Dinos with Diane Edgecomb

FRIDAY at 10:30 AM

Join us for a fun, interactive dinosaur storytelling show with colorful posters, audience participation, and dinosaur sign language!



Community Foundation
of TOMPKINS COUNTY

COMMUNITY ARTS PARTNERSHIP



Get the latest updates on all summer programs on the library's website, Facebook, and Instagram. Stay Tuned!



MUSIC



IN THE PARK

6:30pm

July 9th- Darkwine

July 16th- Tailor Made

July 23rd- Kactus Juice

July 30th- Petty Thieves

August 6th- Destination

August 13th- Ageless Jazz Band

MYERS PARK, LANSING NY

